



# A TASTE OF GREAT | MENU



WEEK 1

MON

TUES

WED

THU

FRI



Mild Caribbean chicken curry with coconut and pineapple served with steamed rice  
**(None)**

Traditional Italian beef lasagne  
**(G,Mk,Su)** served with mixed summer salad

Roast Norfolk turkey breast, homemade parsley stuffing and gravy  
**(So,Mk,E,G)** served with roast potatoes and summer cabbage

Chicken thigh flatbread with lemon and herb cous cous  
**(So,Se,Mk,E,G)** served with caesar salad  
**(Su,So,Mu,Mk,E,G,Ce)**

Battered pollock fillet with tartare sauce and lemon  
**(F,G,Mu,Mk,E)** served with oven baked chips and peas

MEAL DEAL!

Ask the team for our Meal Deal offers



Macaroni cheese with a crunchy topping  
**(So,Mk,E,G)** served with a summer salad

New York Quorn dog with paprika wedges and chop chop salad  
**(Se,Mk,E,G)**

Mild vegetable chilli con carne with sour cream served with steamed rice  
**(Mu,Mk,E,Ce)**

Roasted Mediterranean vegetable and potato filo pie  
**(Su,Mk,G)** served with green beans

Red Thai vegetable curry with chick peas and rice  
**(So,G)**



Japanese teriyaki glazed chicken drumsticks with pineapple rice and pickled cucumber  
**(So,Se,G)**

Chinese five spiced pork egg fried rice and peas  
**(So,Se,E,G)**

LOOK OUT FOR...

Our regional recipe of the month!



Blueberry sponge with vanilla custard  
**(Mk,E,G)**

Sticky Jamaican ginger cake  
**(G,E,Mk)**

Bramley apple crumble with vanilla custard  
**(G,Mk)**

Nutless bakewell tart & custard  
**(G,E,Mk)**

Chocolate mousse pudding with chocolate soil  
**(Mk,So)**

WHAT'S ON



22<sup>ND</sup> MAY

NATIONAL BISCUIT DAY

YORKSHIRE & THE HUMBER

28<sup>TH</sup> JUN

NATIONAL CREAM TEA DAY

NORTH EAST

08<sup>TH</sup> JUL

WORLD CHOCOLATE DAY

MIDLANDS

## ALLERGENS

Ce = Celery  
Cr = Crustacean  
E = Eggs  
F = Fish  
G = Cereals containing Gluten

L = Lupin  
Mk = Milk  
Mo = Molluscs  
Mu = Mustard  
N = Nuts  
P = Peanuts

Se = Sesame Seeds  
So = Soya  
Su = Sulphur Dioxide



LOOK OUT FOR THIS ICON ON OUR MENUS FOR A BETTER CHOICE FOR YOU!



# A TASTE OF GREAT | MENU



WEEK 2

MON

TUES

WED

THU

FRI



Farm assured pork sausages with gravy, creamy mash and baked beans (Su,Mk,E,G)

Italian baked pasta bolognese served with a Caesar salad (Su,So,Mu,Mk,G,E,Ce)

Roasted chicken with sage and onion stuffing, gravy, roast potatoes and carrots (G)

Spiced turkey baked enchiladas served with rice and green beans (Mu,Mk,G)

Breaded pollock fillet with tartare sauce and lemon (F,G,Mu,Mk,E) served with oven baked chips and peas



Sag Aloo – a mild curry of spinach and potato served with pilau rice (Mk) roasted carrots and chutney

Homemade bean and chickpea burger, salad and mayonnaise served with crispy baked potato wedges (G,E,Se)

Cajun vegetable Jambalaya with roasted pineapple (Mu,Ce)

Pepper, courgette, mushroom and halloumi kebab with spicy tomato sauce served with a mixed salad (Mk,G)

Wholegrain penne pasta with a rich tomato and fresh basil sauce with sweetcorn (G)



Cuban style chicken with rice and peas (Su,So,Mk,G)

Keema beef curry with rice (None)



Marble cake with vanilla custard (G,Mk,E)

Apricot and sultana oaty flapjack (Su,G,Mk)

Pineapple upside down cake and creamy custard (G,Mk,E)

Homemade English strawberry cheesecake (Mk,G)

Chocolate and raspberry brownie (So,Mk,E,G)

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WEEK 3

MON

TUES

WED

THU

FRI



Turkey and sweetcorn pie with shortcrust pastry, new potatoes and carrots (Mk,G)

Build a burger bar add cheese, lettuce, tomato, ketchup, fried onions served with crispy baked potato wedges (Su,Se,Mk,G,Ce)

Roasted English gammon (none) with sage and onion stuffing with gravy, roast potatoes and broccoli (Mk,E,G)

Mild tandoori spiced chicken with yoghurt and cucumber, Indian flatbread and mixed summer salad (Mk,G,Ce)

Battered Pollock fillet with tartare sauce and lemon served with oven baked chips and peas (F,Mu,Mk,E,G)



Mixed roasted sweet pepper, wholemeal quiche, new potatoes and carrots (Mk,E,G)

Vegetarian chilli con carne with steamed rice (Mu,Ce)

Chickpea and tomato masala with steamed rice (Mu)

Fresh Italian dough pizza topped with mozzarella and tomato served with summer salad (G,Mk,E)

Mexican vegetable Quesadilla with sour cream and potato wedges (G,Mu,Mk)



Chinese sweet and sour pork served with special fried rice (So,G,Ce)

Smokey Mexican meatball con carne with chilli rice (G)



Eves pudding with custard (G,Mk,E)

Lemon and poppy seed cake (G,E,Mk)

Sticky toffee pudding with vanilla custard (Su,G,E,Mk)

Carrot cake with cream cheese frosting (G,Mk,E)

Pancake bar with ice cream (Mk,E,G)

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