

MENU WEEK 1

MON

TUES

WED

THUR

FRI

SPICE IT UP!

TRY SOMETHING NEW WITH OUR FLAVOUR OF THE MONTH

MAIN

LIVE YOUR BEST LUNCH!

Italian beef bolognese with penne, parmesan cheese and Caesar salad (Su, So, Mu, Mk, E, G, Ce)

BBQ pulled pork in a bun with crispy potato wedges and coleslaw (Se, Mu, Mk, E, G)

Roast chicken leg with gravy and roasted potatoes (None)

Beef and jalapeno chili served with rice (Mu, Ce, Mk)

Battered pollock fillet with tartare sauce and lemon, served with oven baked chips and peas (Mu, Mk, F, E, G)

EDGY VEG

MEAT FREE FEASTS!

Moroccan vegetable and chick pea tagine served with cous cous (G) 

Macaroni and cheese with a crunchy topping, served with a chef's salad (So, Mk, E, G)

Chinese sweet and sour noodles with stir fried vegetables (So, E, G)

Italian potato gnocchi with a vegetable ratatouille sauce served with homemade focaccia (Mk, E, G)

Mixed roasted sweet pepper, wholemeal quiche, baked oven chips and baked beans (Mk, E, G)

GLOBAL EATS

A WORLD OF FLAVOUR!

Jumbo hot dog with fried onions, sauces and tortilla chips (Su, So, Mu, Mk, E, G)

Chinese five spiced pork egg fried rice and peas (So, Se, Mk, G)

PERFECT PUDS

SWEET TREAT!

Steamed jam sponge with custard (Mk, E, G)

Fruit cobbler (Mk, G)

Treacle sponge and custard (So, Mk, E, G)

Chocolate and vanilla marble cake (Mk, E, G)

American pancake with syrup (So, Mk, E, G)

Week 1 commencing: 6 January, 27 January, 24 February, 16 March

LOOK OUT

Look out for our special meal deal offer £2.20 for main meal and dessert

BETTER CHOICE

LOOK OUT FOR THIS ICON FOR A BETTER CHOICE FOR YOU!

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals containing Gluten
L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts
Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

JANUARY
NUTMEG
CHINESE DAY
THURSDAY 23RD

FEBRUARY
GINGER
PANCAKE DAY
THURSDAY 13TH

MARCH
CARAWAY
BRITISH PIE WEEK
THURSDAY 5TH

APRIL
STAR ANISE
ST GEORGES DAY
THURSDAY 23RD

MENU WEEK 2

MON

TUES

WED

THUR

FRI



TRY SOMETHING NEW WITH OUR FLAVOUR OF THE MONTH

MAIN

LIVE YOUR BEST LUNCH!

Chicken Rogan Josh, mango chutney and pilau rice (Mk)

Farm assured pork sausages with mashed potatoes and baked beans (Su,Mk,E,G)

Roast chicken leg with garlic served with roast potatoes and green beans (None)

Chinese sweet chilli chicken noodle stir fry with vegetables and prawn crackers (E,Cr,G)

Battered Pollock served with baked oven chips and peas (Mu,Mk,F,E,G)

EDGY VEG

MEAT FREE FEASTS!

Tarka dahl with spinach and lentils, mango chutney and pilau rice (Mk)

Vegetarian sausage and vegetable gravy (So,G)

Fresh Italian dough pizza topped with mozzarella and tomato, served with a chef's salad (Mk,E,G)

Spanish frittata with onion, spinach and cheddar, new potatoes and green beans (Mk,E) 

Spicy red pepper and courgette quesadilla with sour cream, baked oven chips (Mu,Mk,G)

GLOBAL EATS

A WORLD OF FLAVOUR!

Cuban style spicy chicken with rice and peas (Su,So,Mk,G)

Indonesian bang bang chicken with coriander rice (Se)

PERFECT PUDS

SWEET TREAT!

Apple and berry sponge with custard (Mk,G,E)

Pear and chocolate sponge with chocolate sauce (Mk,E,G)

Fruit crumble with custard (Mk,G)

Bread and butter pudding with custard (Su,So,Mk,E,G)

Warm sultana flapjack (Mk,G)

Week 2 commencing: 13 January, 3 February, 2 March, 23 March

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JANUARY NUTMEG



CHINESE DAY THURSDAY 23RD

FEBRUARY GINGER



PANCAKE DAY THURSDAY 13TH

MARCH CARAWAY



BRITISH PIE WEEK THURSDAY 5TH

APRIL STAR ANISE



ST GEORGES DAY THURSDAY 23RD

MENU WEEK 3

MON

TUES

WED

THUR

FRI



TRY SOMETHING NEW WITH OUR FLAVOUR OF THE MONTH

MAIN LIVE YOUR BEST LUNCH!

Chicken and red pepper curry served with rice (Mu)

Traditional Italian beef lasagne, served with mixed salad (Mk,G,So,Ce)

Roasted lemon chicken leg with roast potatoes and broccoli (None)

Beef Keema served with rice and peas (G,Mu,Ce)

Battered pollock fillet with tartare sauce and lemon, served with oven baked chips and peas (Mu,Mk,F,E,G)

EDGY VEG MEAT FREE FEASTS!

Creamy leek and mushroom pie served with new potatoes and green beans (Mk,G,E)

Vegetarian lasagne with mixed salad (Mk,G)

Courgette, spinach and tomato cheddar pasta bake served with garlic bread (Mk,E,G) 

Vegetable curry with rice (Mu,Ce)

Homemade bean and chick pea burger, salad and mayonnaise served with crispy baked potato wedges (Se,E,G)

GLOBAL EATS A WORLD OF FLAVOUR!

Chinese sweet and sour pork served with special fried rice (So,G,Ce)

Indonesian beef rendang with steamed rice (Su,G)

PERFECT PUDS SWEET TREAT!

Spiced Bramley apple crumble with custard (Mk,G)

Golden syrup sponge and custard (Mk,E,G)

Lemon drizzle cake (Su,Mk,E,G)

Jam roly poly and custard (So,Mk,E,G)

Pineapple upside down cake (Su,Mk,E,G)

Week 3 commencing: 20 January, 10 February, 9 March, 30 March

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BRITISH PIE WEEK THURSDAY 5TH

APRIL STAR ANISE
ST GEORGES DAY THURSDAY 23RD