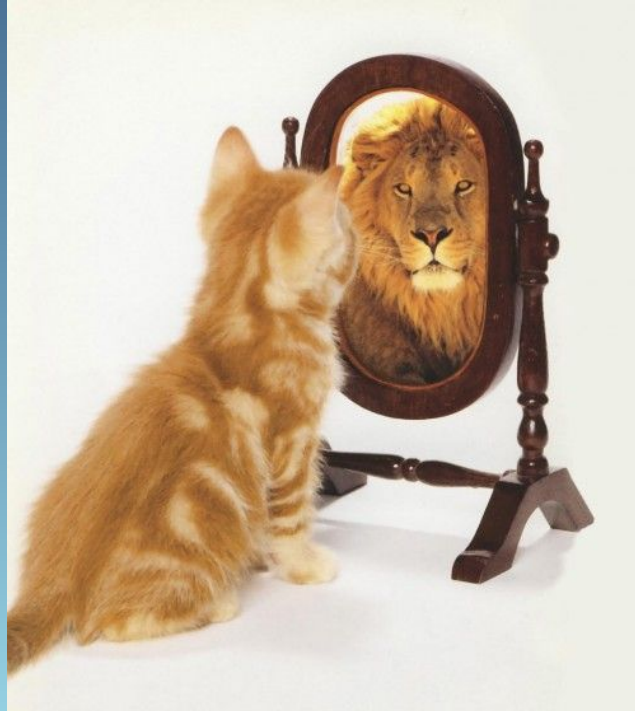


COURAGE



“ Let us learn to face moments of difficulty with courage, certain that Jesus never fails to give his support.”

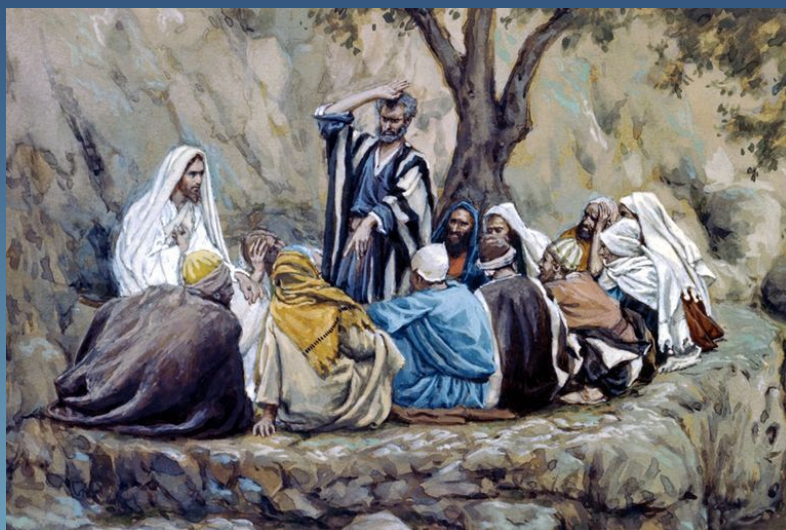
Pope Francis



**In the name of the Father,
And of the Son,
And of the Holy Spirit.
Amen**



**Take a moment to be still and to be open to
the presence of God.**



Jesus instructed the twelve as follows: "Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear. What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the house-tops. Do not be afraid of those who kill the body but cannot kill the soul; think more about God who has power both body and soul. Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So there is no need to be afraid; you are worth more than hundreds of sparrows." *(Matthew 10:26-33)*

What did Jesus say first to his disciples?



“Do not be afraid.”

What might Jesus' disciples have been afraid of?



What are you afraid of?

Jesus tells us...



**Do not be afraid to speak the truth or
to do what is right.**

**Sometimes it can be hard to do the
right thing.**



**God will guide us...
if we listen to His voice.**

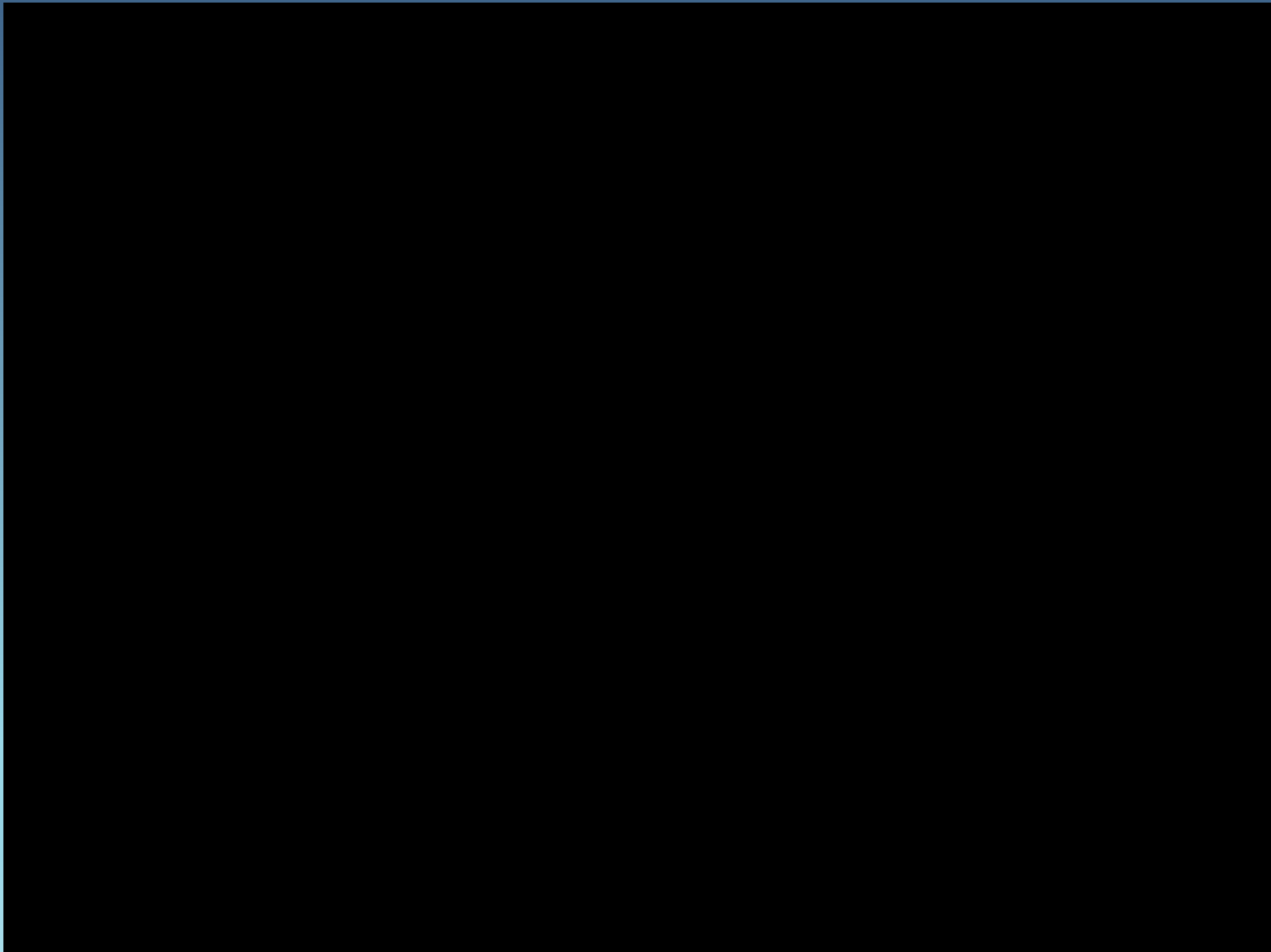
You are very precious to God.



So there is no need to be afraid, He will give you what you need.

Let's bring our prayers to God.





COURAGE



“In joining yourself to
God's will, you take on new
life and gather great
courage.”
(St. Paul of the Cross)





**In the name of the Father,
And of the Son,
And of the Holy Spirit.
Amen**