



# St Ursula's Convent School

# The Weekly

Week Ending  
5th February 2021  
Issue Number 020



Dear Parents and Carers

We come to the end of another week of lockdown and I hope you and your families remain safe and well. We continue with remote learning and I want to thank all the parents who took the time to respond to the remote learning survey. The results of that will inform any changes we make to the delivery of our lessons.

We are still awaiting an update from the government as to when schools should reopen fully.

I have spoken to a number of students this week across the school and whilst they are all getting on well with remote learning they are all looking forward to getting back to school in the building. We are very much looking forward to seeing the students again in person in school.

Please do remember to contact us with any news of positive cases as we have to log those for the DFE. [covid@stursulas.com](mailto:covid@stursulas.com)

Catrina Hamilton  
Headteacher

St Ursula's Convent School Greenwich

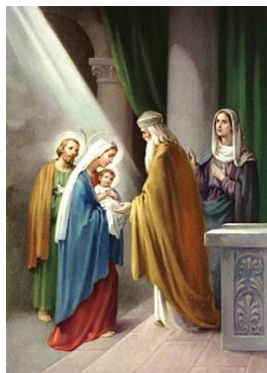
## Contacting School Staff

Please be aware that the majority of staff are working from home and only in school on a rotational basis.

If you need to contact a staff member please email [admin@stursulas.com](mailto:admin@stursulas.com) this email is monitored by the admin team daily. Your email will be passed to the relevant member of staff. They will get back to you as soon as they can.



**DISCERNING & JOYFUL** – even in difficult times



## 2<sup>nd</sup> February was the Feast of The Presentation of the Lord

This is the celebration of when Jesus was presented in the Temple. In the Infant Jesus, Simeon recognised the Light of the World against which no darkness can prevail. Let us all be radiant in this light so that, through us, He will shine brightly to guide us through these difficult days.

This week we have been reflecting upon the theme of Racial Justice Sunday,  
**A TIME TO ACT**

In particular, we have thought carefully about Pope Francis' words of WELCOME, PROTECT, PROMOTE, INTEGRATE and how all our actions need to be rooted in prayer.

*"This is a moment to dream big, to rethink our priorities – what we value, what we want, what we seek – and to commit to act in our daily life on what we have dreamed of. God asks us to dare to create something new."* (Pope Francis)



Click on this year's Peace Sunday icon to see reflections on peace by members of the student Chaplaincy Team.

CAFOD have lots of excellent resources and ideas for young people to engage with their faith. This Friday the Ignite Team is starting a First Friday virtual event for young people. Details will be posted in Google Classrooms.



**"O that today you would listen to his voice! Harden not your hearts."**  
(Psalm 94(95):8)





## WELLBEING AND SAFEGUARDING TEAM



### LOCKDOWN BAKE OFF 2021

We would like to say a big well done to all who entered round one of the bake off challenge, we've had some fantastic entries; it was evident a lot of time and effort went into their baking. Judging will take place early next week, it's certainly going to be a tough choice!

Don't put your aprons away too soon!

Round two challenge to follow on Monday.

Wellbeing and safeguarding team

### Student Attendance Information

*Whilst all students are learning remotely, please ensure that you inform the school of any appointments your child will be attending or if they are unwell. Please contact the school via email ([admin@stursulas.com](mailto:admin@stursulas.com)) or call 02088584613.*

Miss Brown  
Attendance Officer



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Children's Mental Health Week is run by the children's mental health charity Place2be to shine a spot light on the importance of children and young people's mental health. This year's theme is 'Express Yourself'. As part of this week Place2be is encouraging children (and adults) to explore different ways we can express ourselves and the creative ways we can share our thoughts feelings and ideas. There are many ideas on their website so please take time this week to check this out- [childrensmentalhealthweek.org.uk](http://childrensmentalhealthweek.org.uk)

There are a vast variety of things we can do to help maintain positive mental health including mindfulness and meditation. You may be aware of the App headspace- they now have a series on Netflix which I know many of our young people are subscribed to and this explores what meditation is and provides some guided meditations that can be followed; 8 small sections in total so it can be broken down in to manageable focused time.

Please take care during these uncertain times and take time for mental health and wellbeing -all the best Kimberley (school counsellor).



## Home Contact Details

To enable us to keep in touch it is important that we have the most up to date contact numbers and email addresses. Please email [admin@stursulas.com](mailto:admin@stursulas.com) with any updates.

### IMPORTANT NOTICE

If at any point in the future your child tests positive for Covid, it is essential that you inform the school as soon as possible even if it is after school hours or at the weekend. In the event that your child does test positive please email:

**[covid@stursulas.com](mailto:covid@stursulas.com)**

This email will be checked regularly and a member of the Senior Leadership Team will contact you as soon as the email is picked up. We will have to gather information from your child about who they have been in contact with. This information is required by Public Health England, they will then advise us on the next steps.

### Lateral Flow Testing in school

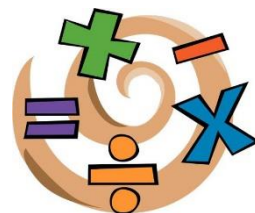
Trained testers were in school on Monday and Thursday this week to test all students and staff on site.

This testing regime will continue over the coming weeks.





## KS3 Weekly Maths Achievements



Class	Most engaged student	Most improved student
7A	Hadizah Hassan	Eada Erijoh
7C	Hannah Marsh	Olivia Jeremy
7E	Jeneesha Johnjeyaranjan	Lydia Howat
7F	Grace Moody	Magdalena Rostek
7U	Angela Domingo	Sofia Corcoran
8A	Nyiesha Bryan	Maria Rapa
8C	Alice Henderson	Holly Guma
8E	Ella O Reilly	Rubi Erangey
8F	Gabby Amanambu	Annabell Ashu-Nortley
8U	Amelia Demby	Uchechi Orisakwe
9A	Maria Anaehobi	Aubrey Atyama Bassama
9C	Onyeka Uzundu-Ezenwa	Iona Bruce
9E	Olatz Perry Forradellas	Jaliyah Muikira
9F	Brianna Johnson	Emily Cooper-Law
9U	Claire-Isabelle Righi	Grace Olanrewaju

## Well Done!

Mr O'Brien  
Head of Maths





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## Do we still need to learn about other languages and cultures in the age of Google Translate?



This was the question asked by the University of Lancaster's Languages and Cultures department for their annual Modern Languages in Schools Essay Prize. The competition was open to pupils in years 10 and 11 and needed to be submitted as a 3 minute video in English or in Mandarin Chinese, French, German, Spanish or Italian.

At St Ursula's, Year 11 pupils Isabel Medina-King and Rachel Foster (11 Francis) immediately stepped up to the challenge. During preparation for the project, they considered various responses to the brief, including issues linked to learning about culture, different dialects and whether google translate can really help us to learn a language effectively. After enlisting the help of fellow avid linguists Paola Finaldi, Erin Bax and Eilis Brito, Rachel and Isabel embarked on filming and compiling a very professional and thoughtful response to the brief. They managed to include four languages, a variety of arguments in answer to the question and plenty of visual effects alongside an excellent soundtrack.

The film has been submitted to the University and will be judged in relation to its ideas, expression and originality by academic staff in the Department of Languages and Cultures. We are awaiting to hear how the St Ursula's entry has fared, but we are extremely proud of the depth of thought and imagination which has gone into the entry as well as being seriously impressed by the technological know-how and skill.

You can enjoy the video for yourselves by clicking [here](#). It is highly recommended viewing for all pupils who are tempted to turn to online translators when completing remote learning.





## English Department

When we think of wellbeing we may think about baking, exercise and mindful relaxation. However, writing helps us to connect to the positive too! In Ms Cahalane's Year 10 class, students did creative writing exercises from poet Lemn Sesay's January Challenge. This sort of writing also really frees up the mind and creativity - helpful for our exam writing task we are doing. **Gabriella Anarfo** and **Precious Taiwo** were brave enough to share their writing with you. They connected with childhood happiness in a task where you write freely any memories that come, starting 'I remember...'.

*I remember being a little child in nursery during the summer, making sand castles in the sand pit that was filled with little children with runny noses, who probably contaminated the sand.*

*I remember when the sky was orange in 2017 and everyone was panicking, thinking the world was coming to an end or that there was some kind of meteor that had landed. I recall seeing the terror and the tears that had formed in people's eyes due to shock.*

*I remember when I started secondary school and the fear that I thought I would face, that turned out to be excitement. The excitement to experience things with new people and create new memories to add to the old ones.*

*I remember being one of the tallest people in primary school and coming to secondary school and being of average height.*

*I remember taking the register to the office in primary school, my hand shooting up when I heard that someone was needed, bolting out of the door.*

*I remember going to Uganda when I was ten then being woken up by the chicken crowing at 6 am. Everyone slowly getting up and starting to make breakfast as the sun rose and watched over the whole of Kampala.*

*Gabriella Anarfo, year 10*





*I remember the story my parents would play on repeat every morning, of how a determined baby I was, and first learnt how to walk without getting through the crawling stage. They used it as my daily motivation and would tell me I could do everything I wanted if only I put my mind to it.*

*I remember lurking in the shadows as a child while other kids played in the mud. How I would wear what I wanted, when I wanted without any social expectations. How beauty standards never really fased me and I felt comfortable within my own style. I remember how confident I used to be, how I always would win dance competitions and could speak in front of large crowds, without trembling in my boots. I remember waking up early mornings excited to watch another series of *Twilight*. It always felt so surreal and not having tons of social media platforms only made it ten times better.*

*I remember when I went to the park with my siblings and older cousins. We used to roll down hills and reach the bottom, covered in grass and dirt stains. How I got glass stuck in the heel of my foot and couldn't walk for hours till my Godfather took it out. I remember how often I used to travel with my family every summer without the thought of catching covid. How normal life was and that nostalgic feeling of walking through the airport, then into the aisle of the plane. Watching the clouds dance as we flew past them. I remember getting good grades all the time when I was 10 and 11. I wanted to be the best I could be and had the motivation to do so.*

*I remember sleepovers at my cousin's house. We always experimented to our full capacity in the kitchen and played football in her garden with her two brothers. I remember when my dad first surprised me with a new iphone and me waving it around in disbelief. It took about 5 seconds before I leaped out of my bed and into the back yard yelling "I got a new Phone".*

*I remember how great and stress free life was during my childhood...*

*Precious Taiwo, year 10*

Have a go yourself! Write I remember, then whatever comes to mind. If your mind goes blank, just write I remember again, until something comes.



## edulinkone

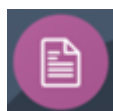
## Parent/Carer Guide

The EdulinkOne App is now our main method of communication regarding your child's education, particularly during lockdown. Your child's exam results, reports and academic reviews will be sent through this communication tool.

If you do not already have EdulinkOne you need to either:

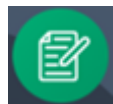
1. Search for EdulinkOne (Overnetdata) from the Apple App Store or Google Play Store and install the App to a mobile device – you can have it on multiple devices if you wish. Please enable push notifications.
2. If you do not have a device suitable for the app, you can access the same features through the website at: <https://www3.edulinkone.com/#!/login?code=stursulas>

## How to use the EdulinkOne App



### Documents

This is where you will find individual reports relating to your child. Remote Learning Weekly Trackers will be uploaded here and your child's reports will be available to download from January 2021.

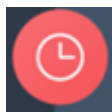


### Forms

From time to time, we may ask parents to complete a form, to give permission for an activity in school, or to confirm that parents have read and understood some information that has been sent out. All 'active' forms available to parents will be listed under the 'Forms' icon. You will receive a notification if a form has been uploaded for you to complete within EduLink.

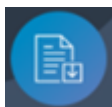


## How to use the EdulinkOne App



### Timetable

This is where you can view your child's school timetable.



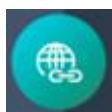
### Noticeboard

This is where you can find the most recent copies of The Weekly and any other important notices and letters.



### Parents' Evenings and Academic Review Appointments

You will be invited to book a timeslot here when it is time for Parents' Evenings and Academic Reviews.



### Links

This is where you will find lots of useful weblinks relating to our school and your child's education - our school website, Google Classroom, Google Drive, Show My Homework, GCSEPod, Seneca Learning, Educake, MathsWatch and Duolingo.



### Exams

This will appear on EduLink after February half term when GCSE entries have been made. This will be most useful to Year 11, and some Year 10, parents/carers and pupils.

The EdulinkOne App is now our main method of communication regarding your child's education, particularly during lockdown. Please download the EduLinkOne App to ensure that you have full access to this important information.





## Consultation on how GCSE, AS and A level grades should be awarded in summer 2021

The consultation from the Department for Education (DfE) and Ofqual, regarding how GCSE grades should be awarded in 2021, closed on Friday 29th January. We hope to receive more information from Monday 22nd February and we will keep all pupils, parents and carers as up to date as possible.

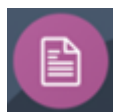
We know the announcement regarding GCSEs has caused a lot of additional worry and anxiety for our pupils, at a time that was already difficult. We encourage all our pupils, but particularly those who were due to sit examinations this summer, to make the most of their online learning opportunities and make contact with their teachers if they have any questions or concerns.

Parents and carers can contact the school via [admin@stursulas.com](mailto:admin@stursulas.com) if you have any further questions.

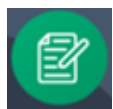


## GCSEs 2021 - Pupil details and entries

Year 10 and 11 parents/carers now have access to their child's details (legal name(s) and date of birth) and GCSE entries on the EduLinkOne App. We have had over 100 responses so far! The deadline for this is **12pm on Monday 8th February.**



All parents/carers must access these details by clicking on the purple 'Documents' icon on the EduLinkOne App. Please scroll to the document called 'GCSE Candidate Name and Entries 2021' and click to download and view.



Once you have viewed and checked this document, please go back to EduLinkOne's main homepage for your child and click on the green 'Forms' icon. Please complete the very short confirmation that these details are correct, and that you are aware of their child's GCSE entries.

This is to ensure that information sent to the exam boards appears correctly on final GCSE certificates. The pupil forename and surnames on certificates should match those on legal documents such as birth certificates and/or passports.



## Remote Library Access at Home!

While pupils are away from school they can still access hundreds of eBooks online with our ePlatform! They can search them easily through our Oliver Library System and then be redirected to ePlatform to login and read!

### Oliver Library System

<https://stursulas.oliverasp.co.uk/library/home/news>



### ePlatform Ebooks

<https://stursulascscs.eplatform.co/>



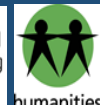
An instruction manual on how pupils can access the eBooks through Oliver, or just login to the ePlatform directly is in their Library Google Classroom; if pupils haven't joined their Google classroom the codes are on SMHW. Pupils can obtain lost login details by messaging Miss Deegan in Google Classroom. There are over 1,000 eBooks to choose from!

## DOWNLOAD THE EPLATFORM APP FOR MOBILE READING!

In addition to the ePlatform website, pupils can download the ePlatform eBook reader as an app to their device and read on a tablet, smartphone or mobile computer! There are even options to download and read offline!

<https://stursulascscs.eplatform.co/help/apps/eplatform-app>





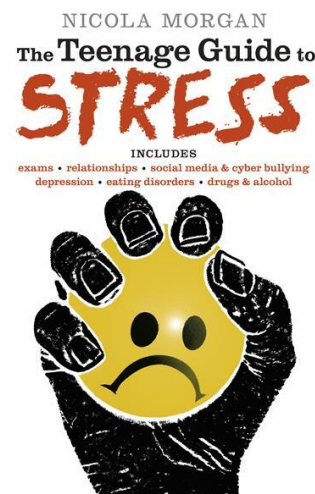
## eBooks of the Week

### Mental Health Awareness eBooks

To highlight the importance of 'Mental Health Awareness' in pupils, here are some of the eBooks available that explain how to maintain teenage mental health! Find the whole Mental Health and Wellbeing eBook Reading List here: <https://tinyurl.com/y35xecx2>

#### **The Teenage Guide to Stress by Nicola Morgan**

Essential reading for teenagers and the adults who care about them. A fantastically wide-ranging, reassuring, eye-opening and comprehensive look at the stresses many teenagers face, empowering them to take control of their mental health and wellbeing.

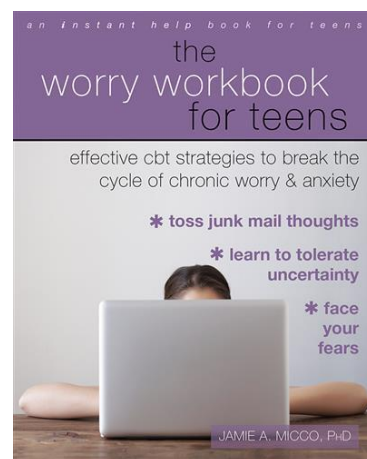


Find it on Oliver:

<https://tinyurl.com/yy7p6skd>

#### **The Worry Workbook for Teens: Effective CBT Strategies to Break the Cycle of Chronic Worry and Anxiety by Jamie A. Micco PHD**

Teens often worry about school, friends, dating, and what the future holds. But chronic worrying can take a toll both mentally and physically-leading to insomnia, difficulty paying attention, and even headaches and stomach aches. Written by a Harvard faculty member and expert in teen anxiety, this is the first book to target chronic, debilitating worry in teens, and offers effective, easy-to-understand cognitive behavioural therapy (CBT) exercises to alleviate worry symptoms and prevent them from escalating into full-blown generalized anxiety disorder.



Find it on Oliver

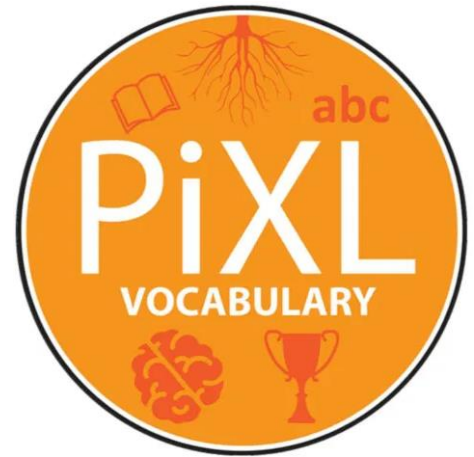
<https://tinyurl.com/yx9fq6l>





## PiXL Vocabulary App

Pupils in KS3 regularly use PiXL Unlock Vocabulary app as a classroom and homework assignment. It is an invaluable vocabulary resource for multiple subjects. This app traditionally uses flash player on web browsers, but as Google are no longer supporting flash, PiXL recommend downloading the app to pupil's home devices instead. This makes it easier to login and negates the need for flash player.



Miss Deegan has posted instruction manuals on how to download the PiXL app in the Library Google Classrooms, if pupils haven't joined their classroom they can get the code from SMHW.

The website for downloading the app is here:  
<https://appusers.pixl.org.uk/appfinder.php>

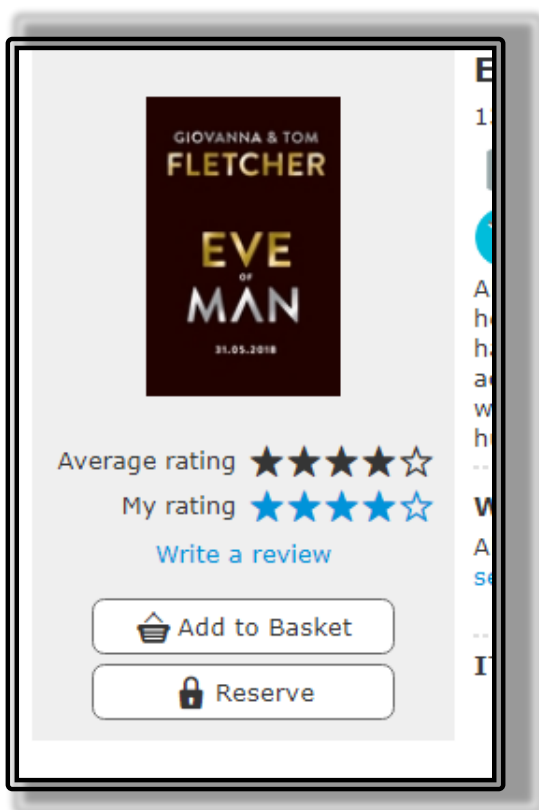
The PiXL App also has relevant vocabulary for GCSE pupils and it is an excellent revision resource!

Any pupils who have lost their PiXL login details should contact Miss Deegan in the Library Google Classroom.



## Pupil Book Reviews

### What's popular at STU?



Pupils can now give star ratings and post book reviews on the Oliver Library System! This is a brilliant way for them to develop critical reading skills and express their literary opinions!

Miss Deegan has posted a helpful manual on how to use the book review feature, as well as a PowerPoint on how to write effective book reviews on the library padlet page!

<https://padlet.com/stulibrary/klnusczmsjdv3qta>

## Not sure what to read?

Miss Deegan has created multiple reading lists with different genres, years, authors, and subjects! They are all available on the Oliver Library system and they are increasing by the day! She is adding reading lists for eBooks too to make things easier to find!

Check out all the reading lists here:

<https://stursulas.oliverasp.co.uk/library/home/browse/readingLists>