



St Ursula's Convent School

The Weekly

Week Ending
12th March 2021
Issue Number 024



Dear Parents and Carers,

It has been lovely welcoming the students back to school this week. The majority of students returned to school in perfect uniform, fully equipped and ready to learn. I thank you for your support in this.



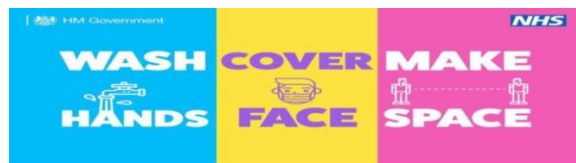
We have spent a lot of time this week doing Lateral Flow Tests and so far all of the tests carried out have been negative. Please rest assured we will inform you immediately if your child receives a positive result.

After 3 tests the Government has said that students should test at home under the supervision of their parents / Carers. We will send test kits home with the students next week along with instructions as to how they should be carried out.

I wish you all a peaceful weekend.

My best wishes as always,

Catrina Hamilton
Headteacher



IMPORTANT NOTICE

If at any point in the future your child tests positive for Covid, it is essential that you inform the school as soon as possible, even if it is after school hours or at the weekend. In the event

that your child does test positive, please email: **covid@stursulas.com**

This email will be checked regularly and a member of the Senior Leadership Team will contact you as soon as the email is picked up. We will have to gather information from your child about who they have been in contact with. This information is required by Public Health England, they will then advise us on the next steps.



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DISCERNING & JOYFUL – even in difficult times

It's been lovely to have some days of bright sunshine and to see the daffodils and shoots of plants which tell us that spring is approaching. We do hope you've been able to get out and enjoy the warmer weather and that you've also been remembering to Walk for Water in aid of CAFOD, our Lenten fundraising campaign.

LENTEN GIVING



We're now halfway through Lent but there is still plenty of time to send in your donations via **ParentPay**.

If we were all able to give just £2, we could potentially raise **£1,450**.
To date we have raised **£113**.

During the recent period of lockdown, we have been joining together virtually every Friday lunchtime to pray The Angelus. Now that we are all back together in school we will continue to do this during Friday form time with prayers led by members of the student Chaplaincy Team. A big thank you to the Chaplaincy team for their support with this.



"Forgiveness is necessary to remain in love, to remain Christian. The road to a full recovery may still be long, but I ask you, please, not to grow discouraged. What is needed is the ability to forgive, but also the courage not to give up." (Pope Francis during his recent visit to Iraq.)



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WELLBEING AND SAFEGUARDING TEAM



LOCKDOWN BAKE OFF 2021

The competition just gets tougher and tougher!!

Another big well done to all who entered, there clearly are some budding bakers amongst our students. As previously mentioned you are all winners in your own right.

The entries have yet again been of fantastic quality, making it rather difficult to select any one individual overall winner. However after much deliberation we have again opted to award a joint first place; many congratulations once again goes to Amanda Oliva, 8U and Natalie Ferreira, 9U, for their outstanding biscuit bake off contribution .

Although, as with the previous challenge only one finalist from each round can go through to the final, the competition has been so strong we will be awarding a second place to Iris Filbee, 9C and a third place to Anna-Belle Amiame, 7C.

We don't doubt round four will be just as productive, we look forward to seeing all those bake off cake entries. Happy baking!

Wishing you all the best of luck

St Ursula's Wellbeing & Safeguarding team



Amanda
Oliva

Joint 1st place



Natalie Ferreira



2nd place
Iris Filbee

3rd place



Anna-Bella Amiame



special
— DAY —

RED NOSE DAY

MENU

**Come and celebrate Red Nose Day on
Friday the 19th March 2021**

**We will be donating 50% of all the Red
Nose Day biscuit sales to Comic Relief**

Menu

**Red Nose Day Shortbread Dodgers
&
Empire Biscuit**

ALLERGENS

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals

containing Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur Dioxide



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Well done to Year 8 who all took part in a very special online Anne Frank workshop called "Together Again" on Tuesday 2nd March. Their participation and enthusiasm was fantastic and they really enjoyed being able to discuss their experiences of lock down and to compare with Anne's experience of being in the Annex. Students also discussed the importance of communication and being part of a wider community. The workshop ended on a note of positivity and hope for the future.



Ms Devine

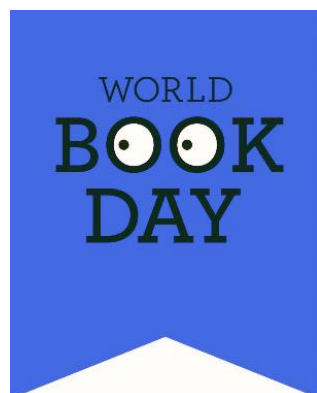
Student comments:

My favourite part of the workshop was the starter activity because like Anne Frank was isolated in the annex we were isolated in our homes and might have been feeling similar emotions this helped us relate a lot. And it was nice to be able to interact with people on a familiar and amusing level because we got to see what they were up to during lockdown and how they were feeling. This made it very uplifting because we realised that we were not going through this alone just like how Anne realised that she was not the only one going through this.

We were asked what words we would use to describe Anne's feelings and most people said angry, sad, confused, frustrated. Then we were asked what words we felt when we had to go into lockdown last March and most people said the same things as they had said for the first question. Although what Anne Frank went through was a lot scarier, it is strange to think that she must have been feeling the same things we were when her life changed. Overall I really enjoyed the workshop and found it very interesting.

In the workshop we talked about the links between her years in hiding and our quarantine. We acknowledged how she felt in her 2 years in hiding and linked with our own honest feelings. There was a variation of feelings such as loneliness and boredom, but on the positive note we felt like more time was spent with family so it has been a reflective time. One of Anne's quotes stated that she missed nature the most and she felt that she had taken the smallest things for granted such as the birds chirping or the shapes in the clouds, as the closest thing that she had to look out of was a window that was old, dirty and rusty and that was barely clear enough to see out of it. We as a class reflected on what we had taken for granted big or small such as our close friends or even our freedom. Although our condition isn't as bad as Anne's we now realise that it is ok to feel low on some days because things will get better.

In conclusion this workshop was great as it was looking back at history but also very interesting as you have the opportunity to reflect on it.



STU World Book Day 2021

The nation celebrated World Book Day on 4th March, but so that we could celebrate together as a school we held our celebrations in period 6 & 7 on **Friday 12th March**. Events included a World Book Day Quiz, watching author videos, teacher book extract reading videos, and participating in a Drop Everything and Read session! The form class with the highest quiz score will receive a prize next week.

Swap your BOOK TOKEN to get a WORLD BOOK DAY BOOK for FREE at your local bookseller

WALES ONLY: There will be two Welsh titles. Contact the Welsh Books Council for info.

TOKENS VALID 18 FEBRUARY - 28 MARCH 2021

THIS IS YOUR BOOK TOKEN

Take me to your local bookseller. Swap me to get your £1 book for FREE. Or use me to get £1 off any book or audiobook worth £2.99 or more.

WORLD BOOK DAY 18 FEBRUARY - 28 MARCH 2021

Changing lives through a love of books and shared reading.

#WorldBookDay World Book Day is a registered charity funded by publishers and booksellers in the UK & Ireland. worldbookday.com

All pupils received a free £1 World Book Day voucher that can be used to purchase one of the specially published World Book Day £1 books, or to take £1 off the price of a regular book at participating retailers in store and online until 28th March 2021. Check out the choices here:

<https://www.worldbookday.com/books/>



Improving Literacy at Home

Is your child a reluctant reader? Do they avoid sitting down with a book? Do you struggle to get them off streaming services? Make this work for you!

Did you know that a recent scientific study has shown that turning the subtitles on when children watch videos doubles their chance of being a good reader? Many children have taken a step backward in their literacy during lockdown and using subtitles could improve their reading without them even realising! Luckily, TV services and streaming platforms such as Netflix, Amazon Prime and Disney+ all come with subtitle options!

Learn more below...

The science of turning on the subtitles:

<https://youtu.be/DK51uVm91vk>

Learn more with Stephen Fry!

<https://youtu.be/l-zISnJ-oao>

And the official website:

www.turnonthesubtitles.org





eBooks of the Week

International Women's Day

To highlight the importance of women in literature and to celebrate International Women's Day here are some brilliant fiction and non-fiction books written by women!

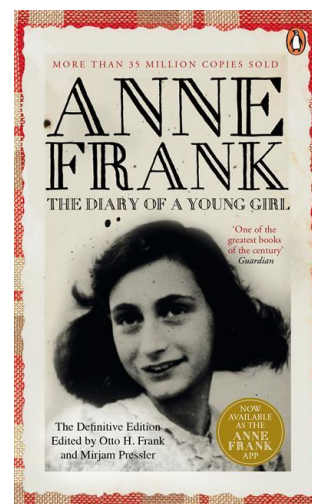


International Women's Day

'Anne Frank, The Diary of a Young Girl' by Anne Frank

Non-Fiction, Biography

In Amsterdam, in the summer of 1942, the Nazis forced teenager Anne Frank and her family into hiding. For over two years, they, another family and a German dentist lived in a 'secret annexe'. All that time, Anne kept a diary. This diary is the record of tension and struggle, adolescence and confinement, anger and heartbreak.



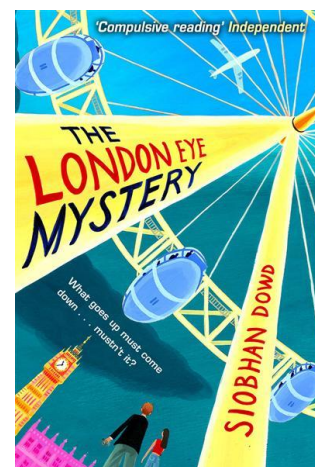
Find it on Oliver:

<https://tinyurl.com/y7rrpxff>

The London-Eye Mystery by Siobhan Dowd

Fiction, Mystery

When Ted and Kat watched their cousin Salim get on board the London Eye, he turned and waved before getting on. But after half an hour it landed and everyone trooped off - and no Salim. Where could he have gone? And how on earth could he have disappeared into thin air?



Find it on Oliver

<https://tinyurl.com/ydoqtv3m>



Spanish A-Level Taster Session



During the last week of online learning, a group of Year 11s were able to have an A-Level Spanish taster session with Ms Bailey, a former Spanish teacher here at St. Ursula's. This online lesson opened our eyes to what a typical Spanish lesson would be like at Sixth-Form and what type of content we would be learning if we continued further with our Spanish studies.

The lesson looked at the 'Role of Women' in Spanish society since the Civil War and how this has changed. It consisted of advanced Spanish texts which were really interesting and we were able to interact with Ms Bailey and the rest of the class. Ms Bailey delivered the lesson really well since all of us enjoyed it. We were able to talk to Ms Bailey in Spanish and learned a lot more about Spanish culture which we didn't know before.

By Rachel Foster and Isabel Medina-King (Y11)



L London Youth Games and House Fitness Challenge



London Youth Games Fitness Challenge continues.

A new challenge will be released every Monday at 9.00am via their website and social media channels. You will have until Friday at 12.00pm to complete the challenge and submit your score.

Complete the challenges to earn points and help Greenwich climb the leader board!

This link will lead you to the competition:

<https://www.londonyouthgames.org/virtual-games/lyg-school-games-fitness-challenges/>

In addition to the Borough competition the PE Department are requesting the scores to be used for House competitions as well. Please complete your individual score tables within your google classroom and submit to your PE teacher.

Greenwich Dance

The PE department had planned to start a dance club in November but with lockdown restrictions it became impossible to run. However, we have started the club virtually since February half term on Thursdays.

We are now going to continue with our online classes in the sportshall commencing on Thursday 18th March. There will now need to be limited numbers as your daughter will take part in the online class in the sportshall. If your daughter is keen to attend a live dance club please can you inform the Admin Team: admin@stursulas.com under the Subject Line: Greenwich Dance, stating your daughter's **name**, **form** and your **emergency telephone number** as well as the fact that you **give her permission to attend**.

As the live class will be online, a member of staff will sit in on the sessions for safeguarding purposes. The sessions will run from 3:15-4:15 every Thursday for 8 weeks. There will be no sessions during the Easter holidays.



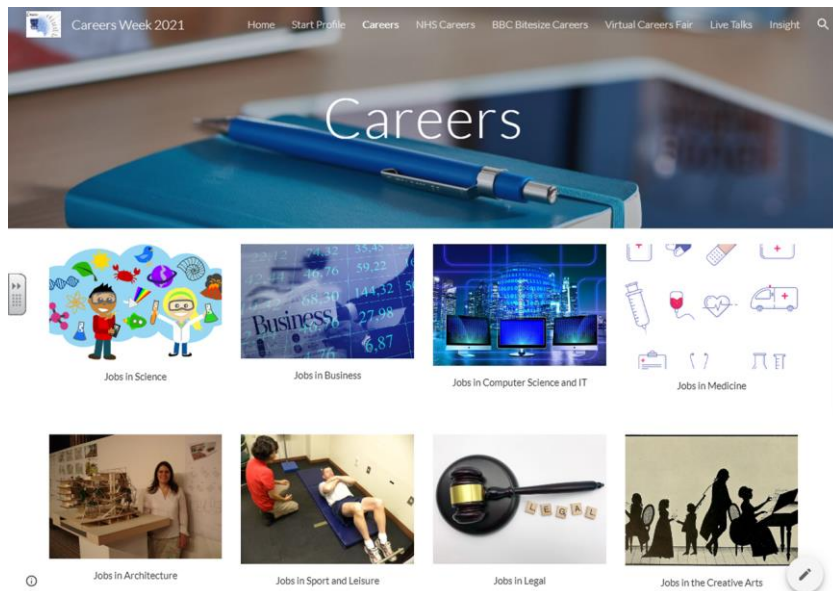
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National Careers Week 2021



National Careers Week 2021 has been and gone for this year but that doesn't mean we have stopped! Please find the link to our new Careers Google site on the school website

<https://sites.google.com/bpsmat.org/careersweek2021/home>

Some of the highlights from NCW '21 include live google talks with Women in Work for example; 2 female engineers, a Cambridge graduate Business Analyst and Financial Risk Manager from PwC as well as 2 female Police Officers.

We have also had videos shared with us from Virologist and Infectious disease researcher (Oxford Alumni) sharing her story from education to successful career woman.

My role(s)

I've had three different main roles in my career to date:

1. Academic researcher, based at the Natural History Museum in London doing fieldwork in the tropics and discovering new viruses
2. Investment analyst, providing advice and views to investment banks and funds regarding companies conducting cutting edge science and creating new therapeutics in Biotech/Pharma
3. Current role: Executive in the BioPharma Industry. Currently Director of Operations for a growing Biotechnology company

