

MENU

Week 1:

W/C 06/09/21, 20/09/21, 04/10/21,
18/10/21, 08/11/21, 22/11/21, 06/12/21



MEAL DEAL SAVERS!

Meal Deal

Buy a
Main Meal
with a
Dessert
for only
£2.50

(Save 80p)

THEME DAYS

8TH SEPT
AMERICAN DAY

6TH OCT
GERMAN DAY

5TH NOV
BONFIRE NIGHT

1ST - 16TH DEC
12 DAYS OF CHRISTMAS

MONDAY

Greek garlicky,
lemon Chicken with
brown rice and
broccoli

TUESDAY

Oriental sizzling stir
fry Kung Po Chicken
with shredded greens
(G,So)

WEDNESDAY

Wholemeal Pasta
Bake with beef
bolognaise and
chef's salad
(G,Mk)

THURSDAY

Turkey Gyros with
yoghurt & mint, pitta
bread & crunchy
Mediterranean. salad
(G,Mk)

FRIDAY

Salmon Fishcake
Chef's salad and
baked wedges
(G,So,Mu,F,E)

£2.30

Eat smart

£2.30

Theme bar

Sizzling Sausages

Pork Sausages (Su,G)
Chicken Sausages
(Su,G)
Veggie Sausages
(Su,So,Mu)
Hot dog buns (G,Se)

Creamy Mash (Mk)
Cajun seasoned potato
wedges (Mu)

Masala Days

Chicken Tikka Masala (G)
Homemade Giant
Vegetable Samosas
(G,Mu)
Pilau rice (Mk)
Naan bread (G,Mk)
Mango Chutney
Onion Salad
Mint and Yoghurt sauce
(Mk)

Best of British

Roast Pork
Roast lentil loaf
(G,So,Mu,Ce)
Accent sage and onion
Stuffing (G,Mk,E)
Apple Sauce
Roast Potatoes
Roasted Carrots Batons
Bloomer Sand. (G,Mk)
Crusty baguette
(G,Se,Mk)

All about Chilli

Chilli con carne (Mu)
sour cream (Mk)
Sloppy Joe Veggie dog
(G,Su,So,Se,Mu,Mk)
Chipotle potato wedges
Red bean and chilli jam
salad

Fish and Chip Shop

Battered Fish Fillet (G,F)
Cheese and Onion
Pattie (G,So,Se,Mk,E)
Oven baked Chips
Mushy Peas
Baked Bean
buttered rolls (G,Se,Mk)
Chunky Tartare sauce
(Su,So,Mk,E)
Ketchup

£1.00

Hot pudg

Apple and mixed
berry crumble with
ice cream
(G,Mk)

Lemon and poppy
seed sponge with
custard
(G,Mk,E)

Sticky toffee
pudding
(G,Su,Mk,E)

Chocolate brownie
sponge pudding with
chocolate sauce
(G,Mk,E)

Banana
Tea bread
(G,Mk,E)

£2.30

Fully loaded

Baked Beans and
cheddar loaded
Jacket
(Su,So,Mk,Ce)

Tuna and red onion
Panini with seasoned
wedges
(G,Mk,F,E)

Sticky rice with Thai
Green Curry
(G,So)

Belgian frites with
Chicken Curry

Macaroni cheese
(G,Mk)

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

well seasoned.
perfectly picked ingredients, cooked from scratch

Look out for exciting
new recipes to try
from our ingredient
of the month!

MENU

Week 2:

W/C 13/09/21, 27/09/21, 11/10/21,
01/11/21, 15/11/21, 29/11/21, 13/12/21



MEAL DEAL SAVERS!

Meal Deal

Buy a
Main Meal
with a
Dessert
for only
£2.50
(Save 80p)

THEME DAYS

8TH SEPT
AMERICAN DAY

6TH OCT
GERMAN DAY

5TH NOV
BONFIRE NIGHT

1ST - 16TH DEC
12 DAYS OF CHRISTMAS

MONDAY

Smoky BBQ Turkey,
savory rice and
corn
(G,Su,So,Ce)

American Diner
Buffalo Chicken (Mk,G)
Boston Beans
(G,Su,So,G,Ce)

Cajun potatoes (Mu)
BBQ Baked Beans
(Su,So,Ce)
Coleslaw (E)

Lemon & lime
drizzle
(G,Mk)

Chinese chip shop
Chicken curry
loaded jacket
(So,Mu,G)

TUESDAY

Cajun grilled Halloumi
burger coleslaw and
baked Cajun wedges
(G,Se,Mu,Mk,E)

Beautiful Burgers
Classic Beef Burger
Sesame (G,Se)
Brioche (G,So,Se,Mk,E)
Pitta (G)

Spicy Chicken Burger
Sesame (G,Se,Mu)
Brioche (G,So,Se,Mu,Mk,E)
Pitta (G,Mu)
Mayonnaise (E), shredded
iceberg, fried onions
(G,Mk) and ketchup
Oven Chips

Pineapple upside
down cake with
custard
(G,Su,Mk,E)

Roasted Vegetable
mozzarella Panini with
seasoned wedges
(G,Mk)

WEDNESDAY

Turkey meatballs
with pasta and spicy
tomato sauce
(G)

Best of British
Roast Chicken & gravy
Roast lentil loaf
(G,So,Mu,Ce)

Accent sage and
cranberry Stuffing
(G,Mk,E)
Roast Potatoes
Roasted Carrots Baton
Cabbage wedges
Bloomer Sand. (G,Mk)
Crusty baguette
(G,Se,Mk)

Apple Crumble and
custard
(G,Mk)

Vegetable and bean
chilli with rice
(Ce, E, Mu)

THURSDAY

Baked Tandoori
Chicken, scented
rice and naan
(G,Mk)

Asian Station
Beef Keema curry with
peas
Vegetable Stir fry
Noodles with sweet and
sour sauce (G,E)

Steamed rice
Asian crunchy Salad (F)

Lemon Blondie
(G,Mk,E)

Pepperoni Panini
with Seasoned
wedges
(G,Mk)

FRIDAY

Baked Fish Finger
wrap, filled with oven
baked chips and pea
shoot salad
(G,F,E)

**Fish and Chip Shop
Friday**
Battered Fish Fillet (G,F)
Veggie Keema Pattie
(G,So,Mu,E)

Oven baked Chips
Mushy Peas
Baked Beans
battered rolls (G,Se,Mk)
Chunky Tartare sauce
(Su,So,Mk,E)
Ketchup

Jam Roly Poly and
Custard
(G,Mk)

Penne Pasta with
tomato sauce
(G)

£2.30

**Eat
smart**

£2.30

**Theme
bar**

£1.00

**Hot
puds**

£2.30

**Fully
loaded**

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