

MENU

Week 1:

W/C 06/09/21, 20/09/21, 04/10/21,
18/10/21, 08/11/21, 22/11/21, 06/12/21



MEAL DEAL SAVERS!

Meal Deal

Buy a
Main Meal
with a
Dessert
for only
£2.50

(Save 50p)

THEME DAYS

8TH SEPT
AMERICAN DAY

6TH OCT
GERMAN DAY

5TH NOV
BONFIRE NIGHT

1ST - 16TH DEC
12 DAYS OF CHRISTMAS

MONDAY

Greek garlicky, lemon
Chicken with brown
rice and broccoli

TUESDAY

Oriental sizzling stir fry
Kung Po Chicken with
shredded greens
(G,So)

WEDNESDAY

Wholemeal Pasta Bake
with beef bolognaise
and chef's salad
(G,Mk,So)

THURSDAY

Turkey Gyros with
yoghurt & mint, pitta
bread & crunchy
Mediterranean. salad
(G,Mk)

FRIDAY

Salmon Fishcake
Chef's salad and baked
wedges (G,So,Mu,F,E)

£2.30

Eat smart

£2.30

Theme bar

Sizzling Sausages

Pork Sausages (Su,G)
Veggie Sausages
(Su,So,Mu)

Creamy Mash (Mk)
Baked Beans

Masala Days

Chicken Tikka Masala (G)
Homemade Giant
Vegetable Samosas
(G,Mu)

Pilau rice (Mk)
Mint and Yoghurt sauce
(Mk)

Best of British

Roast Pork
(None)
Accent sage and onion
Stuffing (G,Mk,E)
Roast Potatoes
Roasted Carrots Batons

Jacket potato served
with baked beans &
Cheese
(Mk)

All about Chilli

Chilli con carne (Mu)
sour cream (Mk)

Vegetable & Bean chilli
served with rice

(G,Mu)

Fish and Chip Shop

Battered Fish Fillet (G,F)
Fish fingers(G,F)_
Oven baked Chips
Baked Bean
Chunky Tartare sauce
(Su,So,Mk,E)
Ketchup
BBQ sauce

Macaroni Cheese
(G,Mk,So)

£1.00

Hot pudz

Apple and mixed berry
crumble with custard
(G,Mk)

Lemon and poppy seed
sponge with custard
(G,Mk,E)

Sticky toffee pudding
With custard
(G,Su,Mk,E)

Chocolate brownie
sponge pudding with
chocolate sauce
(G,Mk,E)

Banana
Tea bread (G,Mk,E)

£2.30

Fully loaded

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

well seasoned.
perfectly picked ingredients, cooked from scratch

Look out for exciting
new recipes to try
from our ingredient
of the month!

MENU

Week 2:

W/C 13/09/21, 27/09/21, 11/10/21,
01/11/21, 15/11/21, 29/11/21, 13/12/21



MEAL DEAL SAVERS!

Meal Deal

Buy a
Main Meal
with a
Dessert
for only
£2.50

(Save 50p)

THEME DAYS

8TH SEPT
AMERICAN DAY

6TH OCT
GERMAN DAY

5TH NOV
BONFIRE NIGHT

1ST - 16TH DEC
12 DAYS OF CHRISTMAS

MONDAY

Cajun grilled Halloumi burger coleslaw and baked Cajun wedges (G,Se,Mu,Mk,E)

TUESDAY

Whole Grain Penne pasta with a rich tomato & Basil sauce (G,Mk,So)

WEDNESDAY

Beef meatballs with pasta and spicy tomato sauce (G)

THURSDAY

FRIDAY

Baked Fish Finger wrap, filled with oven baked chips and pea shoot salad (G,F,E)

£2.30

Eat smart

£2.30

Theme bar

Beautiful Burgers

Classic Beef Burger Sesame Bun (G,So,Se,Mk,E)

Mayonnaise (E), shredded iceberg, fried onions (G,Mk) ketchup, BBQ Sauce

Oven Chips

Italian

Beef Bolognese served with penne pasta

Chefs Salad

Best of British

Roast Chicken & gravy Accent sage and onion Stuffing (G,Mk,E) Roast Potatoes Roasted Carrots Baton Cabbage wedges

Cheese & Tomato Panini Served with Wedges (G,Mk,So,Se)

Pizza Day

Pepperoni Pizza Chicken Pizza Ham Pizza Cheese & Tomato pizza (G,Mk,So,Ce,Mu)

All served with salad

Fish and Chip Shop Friday

Battered Fish Fillet (G,F) Breaded Fish Fingers (G,F) Oven baked Chips Baked Beans (G,Se,Mk) Chunky Tartare sauce (Su,So,Mk,E) Tomato Pasta (G,Mk,So)

£1.00

Hot puds

Apple Crumble served with custard (G,Mk)

Pineapple upside down cake with custard (G,Su,Mk,E)

Lemon Sponge served with custard (G,Mk,E)

Chocolate Sponge with chocolate custard (G,Mk,E,So)

Oaty Chocolate Flapjack (G,Mk,So)

£2.30

Fully loaded

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